



**2010 USATF JUNIOR OLYMPICS REGION 15
MULTI-EVENT CHAMPIONSHIPS**

- DATE** **JULY 10-11 2010**
- SITE** **WEST COVINA HIGH SCHOOL**
1609 E Cameron Ave **West Covina, CA. 91791**
- STARTING TIME** 9:00 am on Saturday 9:00 am on Sunday
First call 8:45 am on both Saturday & Sunday
- SANCTION** Southern California Association USA T&F. USA T&F rules will apply with special provisions for youth athletics (Rules 300-303,305)
- HOST** Southern California Association –USA T&F Youth Committee.
- MEET DIRECTOR** Denise Smotherman (909) 595-0103 email Smotgnd52@earthlink.net
- ENTRY FEES** \$15.00 Bantam thru Youth athletes \$ 18.00 for Intermediate and Above. You may enter the day of the meet. Make all checks payable to SCA YOUTH.
- Denise Smotherman hm # 909 595-0103 951 961-6207
165 South Dommer Ave. Walnut, Ca.91789
- ELIGIBILITY** **All entrants must have a current USA T&F membership number in order to advance to the JO's championships**
- AGE DIVISIONS** BANTAM 2001-2000
MIDGET 1999-1998
YOUTH 1997-1996
INTERMEDIATE 1995-1994
YOUNG MEN/WOMEN 1993-1992 (18 yrs born after August 2, 1991)
- NOTE:** **Pre registration** will make the start go faster.
Please send me an e-mail with a list of your athletes so that I can have labels ready to go at 9:00am. This is a parent and coach's participation meet. Bring your chairs, shade and your books to read. Also, I should have enough tapes and implements, but if you have some please bring them just in case.
- Note** A minimal snack bar will be available. (Water, fruit, hot dogs and chips)



SCHEDULE

SATURDAY 9:00 am Start

BANTAMS- - - TRIATHLON

High Jump, Shot Put, 200 M Girls **833pt** 400 M Boys **623pt**

MIDGETS- - - -PENTATHLON

80 M Hurdles, High Jump, Shot Put, Long Jump, 800 M Girls **2297pt**
1500 M Boys. **2001pt**

INTERMEDIATES/YOUNG WOMEN - - HEPTATHLON

Day One- 100 M Hurdles, High Jump, Shot Put, 200 M

INTERMEDIATES/YOUNG MEN - - DECATHLON

Day One- 100 M, Long Jump, Shot Put, High Jump, 400 M

SCHEDULE

SUNDAY 9:00 am Start

YOUTH- - -

PENTATHLON

100 M Hurdles, High Jump, Shot Put, Long Jump, 800 M Girls **2780pts**
1500 M Boys **2484pts**

INTERMEDIATES/YOUNG WOMEN- - - HEPTATHLON

Day Two- Long Jump, Javelin, 800 M **4047pt IG/4114pt YW**

INTERMEDIATES/YOUNG MEN - - DECATHLON

Day Two- 110 M Hurdles, Discus, Pole Vault, Javelin, 1500 M **4847pt /5936pt**

ADVANCING

The top 2 finishers in each age group will advance to the JUNIOR OLYMPICS competition to be held on July 27-August 1, 2010. The 3rd place finisher can go if they meet the pre-established qualifying standard. Those points are in red above.

NOTE

You must participate at this meet in order to be eligible to advance to the Junior Olympic National Championships. Intermediates and above must compete both days in order to advance unless otherwise agreed on by all participants. Waivers were granted only to those that requested them prior to the Association meet with all fees are paid.

AWARD

JUNIOR OLYMPIC Association medals will be awarded to athletes finishing 1st thru 3rd. However, there is a possibility that we will give medals to more places providing we have enough medals

DIRECTIONS

10 FREEWAY to Azusa Ave exit and go south to Cameron Ave. Turn RT and go to 1609 E Cameron Ave, less than a mile. School and Parking lot will be on the right. From the 60 Freeway you can exit on Azusa and go north about 5 miles and turn left on Cameron.